ANNAI VELANKANNI COLLEGE, THOLAYAVATTAM

DEPARTMENT OF PHYSICS

PROGRAMME SCHEDULE

Date: 05/03/2021

Programme: National Science Day

- * Prayer Song
- * Welcome Address
- * Resource Person talk
- Vote of thanks
- * Feedback Session

M. LATHA BEATRIC &

Annai Velankanni College Tholayavattam - 629 157

Kanyakumari Dist.

Dr.J.JOHNSON,M.Sc.,M.Phil.,Ph.D.

ANNAI VELANKANNI COLLEGE THOLAYAVATTAM-629 157

KANYAKUMARI DISTRICT

Annai Velankanni College ,Tholayavattam

Department Of Physics

National Science Day Celebration (2020 - 2021)

Competitions

Theme

1. English Essay Writing

Scientist you admire most

2. Tamil Essay Writing

Thesiya Ariviyal Thinam

3.Drawing

Any Scientist

Rules and Regulations

1.Ideas should not exceed two A4 size paper

2.Date of event 27-02-2021 to 05-03-2021

3. Last date of Submission 05-03-2021

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THOLAYAVATTAM - 629 157 KANYAKUMARI DISTRICT

Annai Velankanni College, Tholayavattam

(Accredited with B++ by NAAC)

Year: 2020-2021

I B.Sc. Physics

Sub.Code

Date:

Time:

Sl.No.	Name	Reg. No.	Signature
1	AANE S SUDHEER	20203011522201	
2	ANISHA P	20203011522202	
3	ANISHA P R	20203011522203	
4	ATHIKAN S U	20203011522204	LEFT
5	BEBISHA S	20203011522205	
6	BIBISHA RANI V U	20203011522206	
7	ISHA ANISH I	20203011522207	
8	JESIKA J	20203011522208	
9	KAVIYA K B	20203011522209	
10	MEERA JENI C	20203011522210	
11	RATHI K R	20203011522211	
12	RETHISA M R	20203011522212	
13	SAHAYA SHARMILY S	20203011522213	
14	SNEKA J	20203011522214	
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Vy- fill Sign. of the Staff

V-S-SHALL

Sign. of the HOD Sign. of the Principal

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Head, Department of Physics
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Dr.J.JOHNSON,M.Sc.,M.Phil.,Ph.D.
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Annai Velankanni College, Tholayavattam (Accredited with B++ by NAAC)

Year: 2020-2021 I M.Sc. Physics

Sub.Code

Date:

Time:

Sl.No.	Name	Reg. No.	Signature
1	ABARNA DEVI K	20203012521201	Signature
2	ADLIN PABISHA JERIN A	20203012521202	
3	AGNES STEPHY Y	20203012521203	
4	AJISHA A	20203012521204	
5	ANCY BEULA A R	20203012521205	
6	ANISHA D	20203012521206	
7	ANTO SWETHA A	20203012521207	
8	ATCHAYA R R	20203012521208	
9	BENIFA A	20203012521209	
	DEEBIKA K V	20203012521210	
11	JENISHA MOL J	20203012521211	
12	JENSIA J	20203012521212	
13	JOTHI CLARA M	20203012521213	
14	MABISHA M	20203012521214	
15	MEERA R	20203012521215	
16 1	MONISHA T	20203012521216	
17	NINU N	20203012521217	
18 I	REJEESHA R	20203012521218	
19 5	SAJILA M	20203012521219	
20 S	SARANYA T	20203012521220	
21 S	HALI MOL C S	20203012521221	
	HARMI C	20203012521222	
	HYNI D	20203012521223	
	IGNESH M K	20203012521224	
	IJIN W	20203012521225	
	UJITH V K	20203012521226	
	INISHA D	20203012521227	
V	INISHA V N	20203012521228	

IOHNSON,M.Sc.,M.Phil.,Ph.D. V W. s. Shi

Prepared

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HOD

PRINCIPAL

M. LATHA BEATRICE Head, Department of Physics

Annal Velankanni College

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ANNAI VELANKANNI COLLEGE, THOLAYAVATTAM DEPARTMENT OF PHYSICS REPORT ON NATIONAL SCIENCE DAY (2020-2021)

Date: 05/03/2021 Class: UG Physics

Topic: National Science Day Time: 1.30 to 2.30 pm

Our Department has decided to conduct a programme on National Science Day to the students. Dr.V.S.Shali, Assistant Professor of Physics has given National Science Day message to our students. The followings are the important features of the science day.

- * National Science Day is celebrated in India on 28 February each year to mark the discovery of the Raman Effect by Indian physicist Sir C. V. Raman on 28 February 1928.
- Sir C.V. Raman was awarded the Nobel Prize in Physics in 1930.
- * National Science Day is celebrated to spread a message about the importance of science used in the daily life of the people.
- * This celebration includes various competitions based on themes and concepts of science. Prizes were distributed to the winners on that day. Number of students participated: 82, Number of staff attended: 5



Feedback:

- > The session was interesting.
- > The programme was highly useful.
- More programmes essential like this manner.

Prepared By

(V.S.SHALL)

H.O.D

M. LATHA PEATRICE Head, Department of Physics Annai Velankanni College Tholayavartam - 629 157 Kenyakumari Dist.

Principal

Dr.J.JOHNSON,M.Sc.,M.Phil.,Ph.D ANNAI VELANKANNI COLLEGE THOLAYAVATTAM-629 157 KANYAKUMARI DISTRICT

ANNAI VELANKANNI COLLEGE - THOLYAVATTAM

(Accredited by NAAC with B++ grade)

Department of Physics

National Science Day

Feed Back form (2020-2021)

Date: 05-03-2021

1. Give your opinion for this programme.

(i) Topic:

National Science day to mark the discovery of the Raman effect.

(ii) Speech relevant to topic:

Good.

(iii) Output of the programme:

Very Interesting and Useful

2. Suggestions:

More Bograms reeded

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ANNAI VELANKANNI COLLEGE, THOLAYAVATTAM DEPARTMENT OF CHEMISTRY REPORT ON VOTE AWARENESS PROGRAMME

Date: 27/01/2021 Class: UG Chemistry
Time: 2.30 -3.30 (V Hour) Topic: Vote awareness

Association Club of our Department has organized an awareness programme to the students. Dr.J.Eujin Shaji, Assistant Professor of Chemistry welcomed the gatherings. Dr.S.Mary Helen, Head of the Department of Chemistry, has given vote awareness programme to our students. Mrs.V.Usha, Assistant Professor of Chemistry delivered vote of thanks. The followings are the important tips about voting.

- Polling is our National Responsibility.
- As we are the good citizen of India, we must elect a correct person without any corruption.
- Bring proper identification to the polling station.
- Report any problems or violations of election laws to the supervisor of elections.
- Make sure that his or her completed ballot is correct before leaving the polling station.

Number of students participated: 25, Number of Staff attended: 2



Feedback:

- The session was highly motivating.
- The programme was useful.
- > The programme is very essential one.

Coordinator Association Club

H.O.D

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Dr. S. WARY MELEN N.S., M.Phil. Ph.D.
Head. Department of Chemistry and Research Centre
Annai Velankanni College
Tholavavattam - 628 157

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(Approved by UGC under Section 2(f) & 12(B) Status)

DEPARTMENT OF PHYSICS

Report on "Responsibilities of Citizens"

Date 03-03-2021

Time: 11.00 a.m.

The orientation programme on the topic "We the people, we the citizen" for II M.Sc. Physics students was given by Asst. Prof. Dr. A. Darlin Mary, Department of Physics on 03/03/2021. The Programme started with a prayer song. The Welcome address was given by J.F Arunprakaash, II. M.Sc Physics.

In this Programme the Resource person gave a talk about a responsible citizen abides by all the law and order of the country. They are entitled to exercise all the fundamental rights and duties, such as casting a vote, paying government taxes and protecting the country from corruption. 27 students and 2 staff members participated in this programme. Finally, the vote of thanks was given by D.Delcy, II.M.Sc Physics. Thus the Programme finished at 12.00 p.m.



Organizing Secretary

PRINCIPAL

ANNAI VELANKANNI COLLEGE

THOLAYAVATTAM - 629 157
KANYAKUMARI DISTRICT

of. J. H. 1 3/3/2021

M. LATHA HOPATRICE
Head, Dep et of Physics

Annai Ve., mi College Thelayavettam - 629 157

Kanyakumari Dist.

Annai Velankanni College Tholayavattam - 629 157 (Accredited with B++ by NAAC)

Report on Yoga (2021-2022)

A few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily, in both, body and the mind. Yoga postures, Pranayama, and meditation are effective techniques to release stress.

Meditation is relaxation and rejuvenates the body and mind. With this aim in mind, a Webinar on "Yoga for Réspiratory Health and Immunity" was organised on the 21st June, 2021, for the staff and students through a virtual platform. The trained Isha yoga instructor took yoga session with great dedication. The teachers and students were participated with full interest, enthusiasm and eagerness.

The session began with exercises for relieving stress; reducing joint pain and enhancing the flexibility of the back were also done for the benefit of the teachers and students. The Principal motivated the staff and conveyed the importance of making yoga an integral part of our daily life by extending the practice of yoga beyond the mat. The session concluded with an interactive session between the instructor and the participants in which the queries of the teachers were addressed satisfactorily. The session was very refreshing, reviving and relaxing.

INTERNATIONAL YOGA DAY CELEBRATIONS

*Annai Velankanni College, Tholayavattam is organising a Webinar on "Yoga for Respiratory Health and Immunity"

We are invite all staff and students members for the webinar:

To boost immunity and enhance lung capacity to support your respiratory system.

Learn simple practices to increase Oxygen levels.

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Receive health tips and home remedies to increase immunity.



Date:21-06-2021

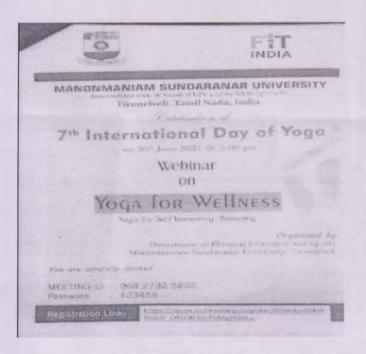


Time :5 PM

http://meet.google.com/czz-qovg-xne

Conducted by trained Isha yoga teacher

All are cordially invited Organised by:
The Principal,
Annai Velankanni College
Tholayattam.





Benefits:-

- 1. De- stress students and staff
- 2. Concentration and Sharpness
- 3. Strength

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- 4. Health benefits
- 5. Weight management and Flexibility
- 6. Advancement of educational Brain
- 7. Enhances your power and memory
- 8. Increases Focus

Participants:-

94 staff and students were participated in above said event actively with keen interest.



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Department of Biotechnology

Rights and duties of Indian citizens-2020-20

Being a citizen of India, some of the moral responsibilities and duties mentioned in the constitution. As a good and responsible citizen of the country, first one must be aware of the fundamental rights and duties. Responsible citizens build their community a good habitat to live by following the principles and helping others. To aware of fundamental rights and duties every year we, Department of Biotechnology conduct a special lecture to our final year M.Sc Biotechnology students.



Activity:

The program started at 10 am Dr.T.Suresh, Associate Professor, Department of Biotechnology gave a special talk on Fundamental rights and duties of Indian Citizens to II M.Sc Students on 29-01-2020. Through this talk about 20 students get benefited.

Head of the Department

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